Jay Industries, Inc. Respiratory Program

OSHA Respirator Medical Evaluation Questionnaire

Employer must complete Questions 37 to 46 and sign for the answers.

Employee, can you read (circle one): Yes/No

Your employer shall allow you to answer this questionnaire during normal working hours, or when it is convenient to you. To maintain your confidentiality, your Supervisor will not look at or review your answers. Take this questionnaire to the health care provider who will review it. If you are not sure of an answer, make sure to leave it blank and review it during your Medical Evaluation.

1. Today's date:_____
2. Your name:_____
3. Your age (to nearest year):_____
4. Sex (circle one): Male/Female
5. Your height: _____ ft. _____ in.
6. Your weight: _____ lbs.
7. Your job title:_____
8. Your phone number _____
9. The best time to reach you at this number: _____
10. Has your employer told you how to contact the health care professional who will review this questionnaire (circle one): Yes/No
11. Check the type of respirator you will use (you can check more than one category):

_____N, R, or P disposable respirator (filter-mask, non-cartridge type only)

_____ Other type (for example, half- or full-face piece type, powered-air purifying, supplied air, or self-contained breathing apparatus).

12. Have you worn a respirator (circle one): Yes/No
If "yes," what type(s):_____

13. Do you ***currently*** smoke tobacco, or have you smoked tobacco in the last month: Yes/No

14. Have you ***ever had*** any of the following conditions?
    a. Seizures (fits): Yes/No
    b. Diabetes (sugar disease): Yes/No
    c. Allergic reactions that interfere with your breathing: Yes/No
    d. Claustrophobia (fear of closed-in places): Yes/No
    e. Trouble smelling odors: Yes/No

15. Have you ***ever had*** any of the following pulmonary or lung problems?
    a. Asbestosis: Yes/No
    b. Asthma: Yes/No
    c. Chronic bronchitis: Yes/No
    d. Emphysema: Yes/No
    e. Pneumonia: Yes/No
    f. Tuberculosis: Yes/No

g. Silicosis: Yes/No
h. Pneumothorax (collapsed lung): Yes/No
i. Lung cancer: Yes/No
j. Broken ribs: Yes/No
k. Any chest injuries or surgeries: Yes/No
l. Any other lung problem that you've been told about: Yes/No

16. Do you ***currently*** have any of the following symptoms of pulmonary or lung illness?
a. Shortness of breath: Yes/No
b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline: Yes/No
c. Shortness of breath when walking with other people at an ordinary pace on level ground: Yes/No
d. Have to stop for breath when walking at your own pace on level ground: Yes/No
e. Shortness of breath when washing or dressing yourself: Yes/No
f. Shortness of breath that interferes with your job: Yes/No
g. Coughing that produces phlegm (thick sputum): Yes/No
h. Coughing that wakes you early in the morning: Yes/No
i. Coughing that occurs mostly when you are lying down: Yes/No
j. Coughing up blood in the last month: Yes/No
k. Wheezing: Yes/No
l. Wheezing that interferes with your job: Yes/No
m. Chest pain when you breathe deeply: Yes/No
n. Any other symptoms that you think may be related to lung problems: Yes/No

17. Have you ***ever had*** any of the following cardiovascular or heart problems?
a. Heart attack: Yes/No
b. Stroke: Yes/No
c. Angina: Yes/No
d. Heart failure: Yes/No
e. Swelling in your legs or feet (not caused by walking): Yes/No
f. Heart arrhythmia (heart beating irregularly): Yes/No
g. High blood pressure: Yes/No
h. Any other heart problem that you've been told about: Yes/No

18. Have you ***ever had*** any of the following cardiovascular or heart symptoms?
a. Frequent pain or tightness in your chest: Yes/No
b. Pain or tightness in your chest during physical activity: Yes/No
c. Pain or tightness in your chest that interferes with your job: Yes/No
d. In the past two years, have you noticed your heart skipping or missing a beat: Yes/No
e. Heartburn or indigestion that is not related to eating: Yes/No
f. Any other symptoms that you think may be related to heart or circulation problems: Yes/No

19. Do you ***currently*** take medication for any of the following problems?
a. Breathing or lung problems: Yes/No
b. Heart trouble: Yes/No
c. Blood pressure: Yes/No
d. Seizures (fits): Yes/No

20. If you've used a respirator, have you ***ever had*** any of the following problems?

_____I have never used a respirator (skip questions and go to question 9)

a. Eye irritation: Yes/No
b. Skin allergies or rashes: Yes/No
c. Anxiety: Yes/No
d. General weakness or fatigue: Yes/No
e. Any other problem that interferes with your use of a respirator: Yes/No

21. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire: Yes/No

Questions 22-27 below shall be answered by every employee who has been selected to use a full-face piece respirator or a self-contained breathing apparatus (SCBA). For employees who have been selected to use other types of respirators, answering these questions is voluntary.

22. Have you ***ever lost*** vision in either eye (temporarily or permanently): Yes/No

23. Do you ***currently*** have any of the following vision problems?
a. Wear contact lenses: Yes/No
b. Wear glasses: Yes/No
c. Color blind: Yes/No
d. Any other eye or vision problem: Yes/No

24. Have you ***ever had*** an injury to your ears, including a broken ear drum: Yes/No

25. Do you ***currently*** have any of the following hearing problems?
a. Difficulty hearing: Yes/No
b. Wear a hearing aid: Yes/No
c. Any other hearing or ear problem: Yes/No

26. Have you ***ever had*** a back injury: Yes/No

27. Do you ***currently*** have any of the following musculoskeletal problems?
a. Weakness in any of your arms, hands, legs, or feet: Yes/No
b. Back pain: Yes/No
c. Difficulty fully moving your arms and legs: Yes/No
d. Pain or stiffness when you lean forward or backward at the waist: Yes/No
e. Difficulty fully moving your head up or down: Yes/No
f. Difficulty fully moving your head side to side: Yes/No
g. Difficulty bending at your knees: Yes/No
h. Difficulty squatting to the ground: Yes/No
i. Climbing a flight of stairs or a ladder carrying more than 25 lbs: Yes/No
j. Any other muscle or skeletal problem that interferes with using a respirator: Yes/No

Any of the following questions, and other questions not listed, may be added to the Medical questionnaire at the discretion of the health care professional who will review it.

28. In your present job, are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen: Yes/No

If "yes," do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions: Yes/No

Employer to complete the questions below BEFORE giving the questionnaire to the employee for completion.

37. Will the employee be using any of the following items with the respirator?
    a. HEPA Filters: Yes/No
    b. Canisters (for example, gas masks): Yes/No
    c. Cartridges: Yes/No

38. How often will the employee use the respirator?

    a. Escape only (no rescue): Yes/No
    b. Emergency rescue only: Yes/No
    c. Less than 5 hours ***per week:*** Yes/No
    d. Less than 2 hours ***per day:*** Yes/No
    e. 2 to 4 hours per day: Yes/No
    f. Over 4 hours per day: Yes/No

39. During the period the employee uses the respirator, is their work:

    a. ***Light*** (less than 200 kcal per hour): Yes/No
    If "yes," how long does this period last during the average shift:_____hrs._____mins.
Examples of a light work effort are ***sitting*** while writing, typing, drafting, or performing light assembly work; or ***standing*** while operating a drill press (1-3 lbs.) or controlling machines.

    b. ***Moderate*** (200 to 350 kcal per hour): Yes/No
If "yes," how long does this period last during the average shift:_____hrs._____mins.
Examples of moderate work effort are ***sitting*** while nailing or filing; ***driving*** a truck or bus in urban traffic; ***standing*** while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; ***walking*** on a level surface about 2 mph or down a 5-degree grade about 3 mph; or ***pushing*** a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

    c. ***Heavy*** (above 350 kcal per hour): Yes/No
If "yes," how long does this period last during the average shift:_____hrs._____mins.
Examples of heavy work are ***lifting*** a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; ***shoveling; standing*** while bricklaying or chipping castings; ***walking*** up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.).

40. Will the employee be wearing protective clothing and/or equipment (other than the respirator) when using the respirator: Yes/No

If "yes," describe this protective clothing and/or equipment:_____
_____

41. Will the employee be working under hot conditions (temperature exceeding 77 deg. F): Yes/No

42. Will the employee working under humid conditions: Yes/No

43. Describe the work the employee will be doing while using the respirator:
_____
_____

44. Describe any special or hazardous conditions the employee may encounter when using the respirator, (confined spaces, life-threatening gases):

_____

_____

45. Provide information about each toxic substance that the employee will be exposed to when using a respirator(s):

Name of the first toxic substance:_____
Estimated maximum exposure level per shift:_____
Duration of exposure per shift:_____

Name of the second toxic substance:_____
Estimated maximum exposure level per shift:_____
Duration of exposure per shift:_____

Name of the third toxic substance:_____
Estimated maximum exposure level per shift:_____
Duration of exposure per shift:_____

The name of any other toxic substances that the employee will be exposed to while using the respirator:

_____

_____

_____

46. Describe any special responsibilities the employee will encounter while using a respiratory, that may affect the safety and well-being of others (for example, rescue, security):

_____

_____

Employer portion completed by:_____

Position:_____

Date:_____

Signature:_____

02/11/2016	Medical Questionnaire Implemented	Grogoza
08/12/2025	Minor changes to Medical Questionnaire	Grogoza

29. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals: Yes/No
If "yes," name the chemicals if you know them:_____
_____

30. Have you ever worked with any of the materials, or under any of the conditions, listed below:

a. Asbestos: Yes/No
b. Silica (***e.g.***, in sandblasting): Yes/No
c. Tungsten/cobalt (e.g., grinding or welding this material): Yes/No
d. Beryllium: Yes/No
e. Aluminum: Yes/No
f. Coal (for example, mining): Yes/No
g. Iron: Yes/No
h. Tin: Yes/No
i. Dusty environments: Yes/No
j. Any other hazardous exposures: Yes/No

If "yes," describe these exposures:_____
_____
_____

31. List any second jobs or side businesses you have:_____
_____

32. List your previous occupations:_____
_____

33. List your current and previous hobbies:_____
_____

34. Have you been in the military services? Yes/No

If yes, were you exposed to biological or chemical agents (either in training or combat): Yes/No

35. Have you ever worked on a HAZMAT team? Yes/No

36. Other than medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications): Yes/No

If "yes," name the medications if you know them:_____