COVID-19:
Spot the Symptoms

Fever

In adults, a body temperature of 100.4°F or higher.

Dry cough

No phlegm or mucus. May feel itchy or irritated.

Shortness of breath

Seems to begin after a week of infection. Feels like you can't get enough air into your lungs to comfortably breathe.

Headache

A dull ache, throbbing sensation or sharp pain in any region of your head.
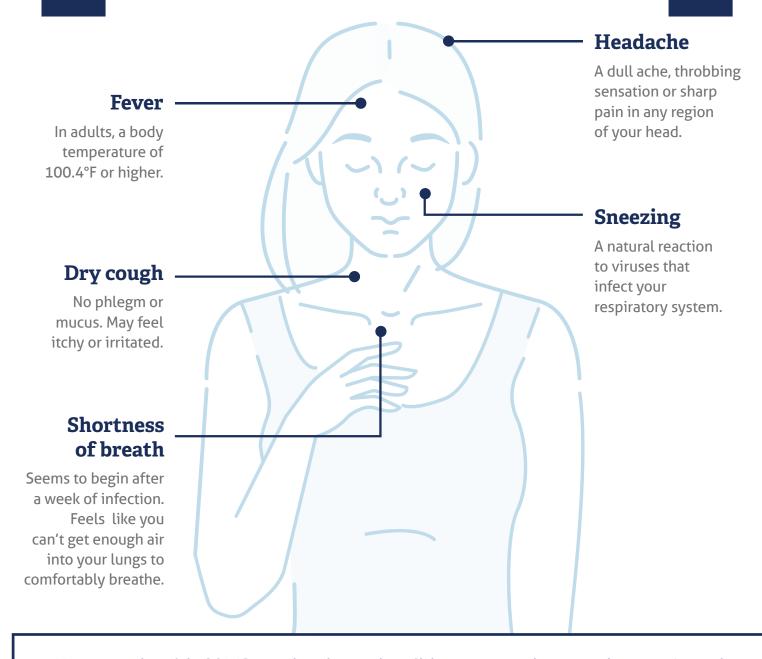
Sneezing

A natural reaction to viruses that infect your respiratory system.

Most people with COVID-19 develop only mild symptoms, but people over 60 and those with other health conditions may develop more serious symptoms, including pneumonia and kidney failure.

If you suspect you have COVID-19, call your primary care provider or the Ohio Department of Health's public call center at 1 (833) 427-5634.

OhioHealth

Visit OhioHealth.com/Blog for more tips to stay healthy!