

Jay Industries, Inc.

Fall Protection Quiz and Certification

Employee Name: _____ Date: _____

1. Falls account for more than 100,000 injuries each year.
True False
2. OSHA requires fall protection for employees working at heights of six (6) feet in general industry.
True False
3. OSHA allows employers the flexibility to select and provide the fall protection they determine will be most effective in the particular workplace area.
True False
4. A posted sign stating “Dangerous Platform Area – Stay Back” is sufficient fall protection for work platforms above six (6) feet.
True False
5. Standard railing should have a top rail at least 24 inches high from the floor level.
True False
6. Safety nets should be inspected weekly for wear, damage, and deterioration.
True False
7. Covers must be able to support at least twice the weight of employees, equipment, and materials that may be on the cover at any one time.
True False
8. A Personal Fall Arrest System (PFAS) must bring an employee to a complete stop and limit deceleration distance to 3.5 feet.
True False
9. A PFAS must be rigged so that an employee cannot free fall more than 6 feet nor contact any lower level.
True False

10. Anchorage points must be capable of supporting 5,000 pounds per employee.
True False
11. Objects that fall into safety nets must be removed as soon as possible.
True False
12. Body belts cannot be used as part of a Personal Arrest Fall System.
True False
13. Lanyards must be constructed from synthetic material and must have a minimum breaking point of 5,000 pounds.
True False
14. The body harness is a device of straps worn by an employee. It distributes the force of a fall over various parts of the body.
True False
15. D-rings, locking snaphooks, and lanyards are parts of a PFAS known as connectors.
True False
16. Connectors must have a minimum breaking point of 5,000 pounds
True False
17. Employees must be protected from falling into dangerous equipment, regardless of height.
True False
18. OSHA requires fall protection for construction employees (including contractors on our property) working at a height of six (6) feet or more above a lower level.
True False
19. Toeboards are one method which protects employees whenever there is the risk of tools, machine parts, or equipment falling to a lower level.
True False
20. Employees must be trained to recognize fall hazards and learn how to minimize the hazards.
True False

I certify that I have completed the Jay Industries, Inc., Fall Protection training and understand the information given. I will notify my supervisor if I observe a safety issue or problem.

Employee Signature: _____ Print Name: _____

Instructor Signature: _____ Print Name: _____